

Foundational Community Supports - Apple Health and Homes

JUNE 2024



Washington State
Department of
Commerce

Washington State
Health Care *Authority*

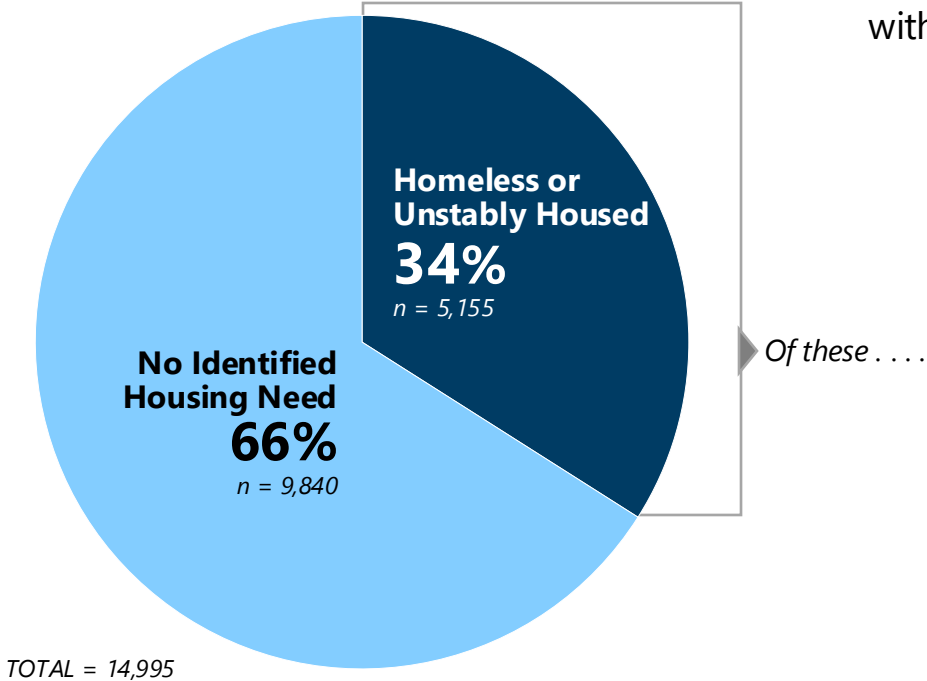


Health Related Social Needs (previously known as SDOH)

- ▶ According to CMS: “HRSN are an individual’s unmet, adverse social conditions that contribute to poor health.”
 - ▶ Food Insecurity
 - ▶ Housing instability
 - ▶ Unemployment
 - ▶ Lack of reliable transportation
- ▶ HRSN can account for as much as 50% of health outcomes - [SDOH-Evidence-Review.pdf \(hhs.gov\)](#)

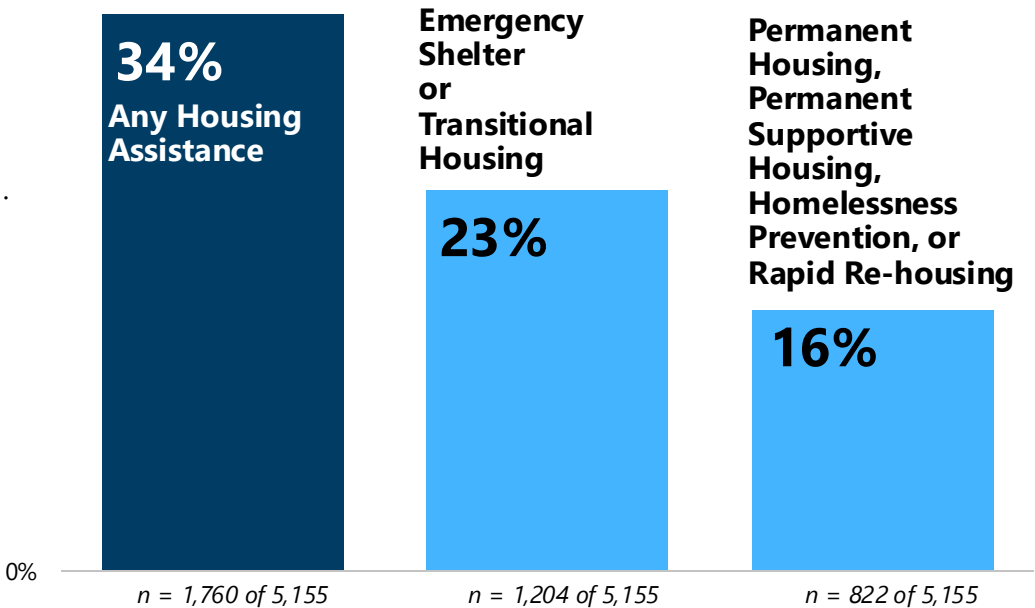
About one-third of individuals exiting a mental health inpatient setting in CY 2021 had a housing need in the year after discharge

Housing Status in 12-Month Follow-up Period



HMIS-Recorded Housing Assistance Service Rates

Among Leavers with a Housing Need (n = 5,155)
34 percent of individuals exiting a mental health inpatient facility with a housing need received housing assistance recorded in HMIS

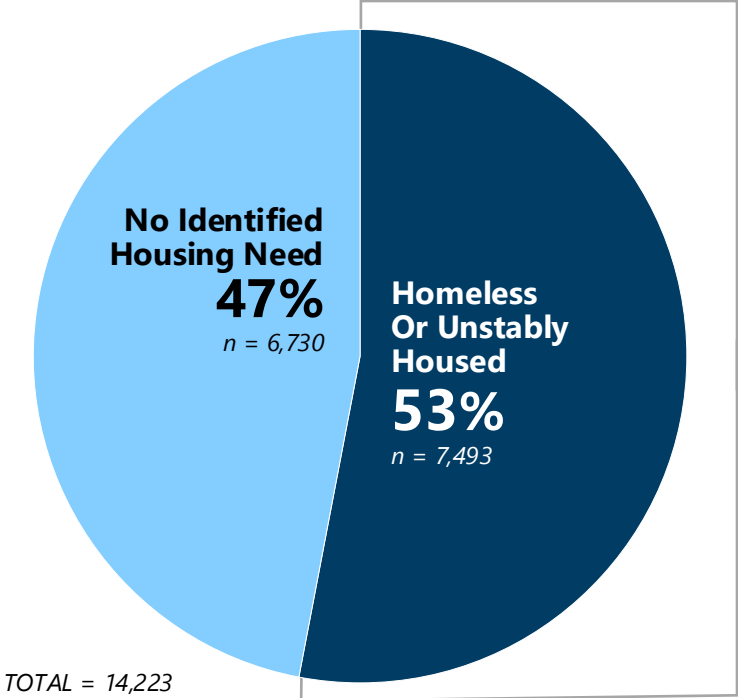


SOURCE: Integrated Client Data Repository (ICDR).

NOTE: Mental health inpatient settings include voluntary and involuntary (civil and forensic) short- and long-term psychiatric inpatient stays in all community hospital, state hospital, or state-operated residential treatment facility (RTF) settings. Community hospital settings include evaluation and treatment (E&T) facilities, licensed community psychiatric hospitals, and other acute hospital settings.

Slightly more than half of individuals exiting an inpatient substance use disorder treatment facility in CY 2021 had a housing need in the year after discharge

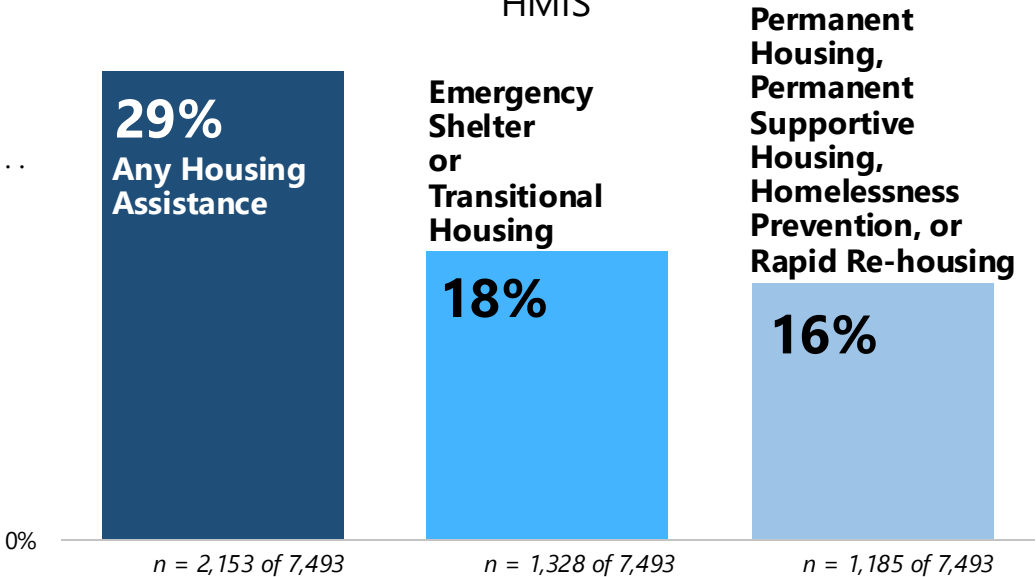
Housing Status in 12-Month Follow-up Period



HMIS-Recorded Housing Assistance Service Rates Among Leavers with a Housing Need (n = 7,493)

29 percent of individuals exiting an inpatient substance use disorder facility with a housing need received housing assistance recorded in HMIS

Of these . . .



SOURCE: Integrated Client Data Repository (ICDR).

A photograph of a man with dark hair, wearing a bright green ribbed sweater, holding a young child with curly hair. The child is wearing a light blue corded jacket over a purple shirt and denim shorts. They are both smiling and looking at each other. The background is a bright, out-of-focus outdoor scene, possibly a beach or park, with a soft rainbow visible in the distance.

Introduction to Foundational Community Supports

What is Foundational Community Supports (FCS)?

- ▶ Supportive housing and supported employment services under 1115 Medicaid Transformation Project waiver (MTP)
- ▶ MTP is a 5-year renewable waiver
 - ▶ 2022: COVID extension year
 - ▶ 2023: new 5-year waiver approved
- ▶ FCS addresses health-related social needs (HRSN) of housing and employment by removing barriers to them while promoting recovery
- ▶ FCS services launched in Jan 2018
 - ▶ Over 14,000 individuals currently enrolled
 - ▶ 40,000+ individuals enrolled since the program's inception
 - ▶ 300+ contracted providers serving individuals across 540+ service locations

Eligibility criteria

[FCS benefits](#) are reserved for people with the greatest need. To qualify, an individual must:



1

Be enrolled in Apple Health (Medicaid)

2

Be at least 16 years of age

3

Meet the requirements for **complex needs**

- You have a [medical necessity](#) **related to mental health, substance use disorder (SUD), activities of daily living, or complex physical health need(s)** that prevents you from functioning successfully or living independently.
- You meet specific **risk factors** that prevent you from finding or keeping a job or a safe home.

Who is eligible to receive FCS benefits?

Supportive Housing risk factors <i>One or more</i>	Supported Employment risk factors <i>One or more</i>
<ul style="list-style-type: none">✓ Chronic homelessness✓ Frequent or lengthy stays in an institutional setting (e.g., skilled nursing, inpatient hospital, psychiatric institution, prison or jail)✓ Frequent stays in residential care settings✓ Frequent turnover of in-home caregivers✓ Predictive Risk Intelligence System (PRISM)¹ score of 1.5 or above	<ul style="list-style-type: none">✓ Housing & Essential Needs (HEN) and Aged Blind or Disabled (ABD) enrollees✓ Difficulty obtaining or maintaining employment due to age, physical or mental impairment, or traumatic brain injury✓ SUD with a history of multiple treatments✓ Serious Mental Illness (SMI) or co-occurring mental and substance use disorders

1. PRISM measures how much you use medical, social service, behavioral health and long-term care services.

FCS Housing Support Services

▶ Pre-tenancy supports

- ▶ Conducting assessments
- ▶ Care coordination
- ▶ Development of community supports
- ▶ Treatment planning
- ▶ Advocacy
- ▶ Landlord liaison
- ▶ Financial skill building
- ▶ Benefits support

▶ Tenancy Sustaining Services

- ▶ Coordination of care
- ▶ Employment and/or vocational Support
- ▶ Informal community support development
- ▶ Independent living skill development
- ▶ Advocacy
- ▶ Treatment planning
- ▶ Increasing Activities of Daily Living (ADLs)
- ▶ Housing retention
- ▶ Benefits management

Wellpoint: the TPA for FCS

- ▶ *Wellpoint Washington* is contracted with Washington State Health Care Authority (HCA) as the **Third-Party Administrator (TPA)** of the Foundational Community Supports (FCS) program.
 - ▶ Wellpoint provides **administrative oversight** of:
 - FCS Provider Network
 - FCS Service Authorizations
 - Claims payment and encounter tracking/reporting
 - Quality improvement and measuring outcomes
 - Sustainability Plan
 - FCS Advisory Council

Update on FCS Enrollment pause



We are happy to announce that on September 3rd, 2024, We were able to lift the enrollment pause and start accepting initial assessments from the waitlist.



Wellpoint has already notified providers of the first 1,000 people on the waitlist and will begin working on the next 2,000 people on the waitlist in the next few weeks.

Health-Related Social Needs (HRSN)



Long-Term Services & Supports (LTSS)

The Home and Community Services (HCS) Division provides long-term care services and supports to people with disabilities and older adults with low incomes. We work to ensure our services promote independence, dignity, and a good quality of life.

What kinds of services are available?

*Some services include, but are not limited to:



Personal Care

Environmental Modifications

Supportive Housing

Supported Employment

Transition & Sustainability Funds

Adult Day Health

Nurse Delegation

Assistive Technology

**Ask your HCS Assessor for more information about these services and the full list of LTSS offerings.*

Individuals must meet functional AND financial eligibility.

If found eligible, your individual plan will be developed based on your choices, preferences, strengths, and goals.

We strengthen communities



HOUSING AND
HOMELESSNESS



INFRASTRUCTURE AND
BROADBAND



SMALL BUSINESS
ASSISTANCE



ENERGY



PLANNING AND TECH
ASSISTANCE



COMMUNITY
SERVICES AND FACILITIES



CRIME VICTIMS AND
PUBLIC SAFETY



ECONOMIC
DEVELOPMENT

Apple Health and Homes

"Housing is an indispensable element of effective health care. Stable housing is a prerequisite to addressing behavioral health needs and lack of housing is a precursor to poor health outcomes; a home, health care, and wellness are fundamental for Washington residents."



Washington State
Department of
Commerce

Washington State
Health Care Authority



Apple Health and Homes (HB 1866, 2022)

- Builds off of FCS, pairing vulnerable FCS-SH participants who have complex needs with a rental subsidy or dedicated apartment
- Multisystem initiative
 - Health Care Authority
 - Dept. of Social and Health Services
 - Wellpoint
 - Dept. of Commerce
- “A prescription for housing”
 - Commerce is the “pharmacy”

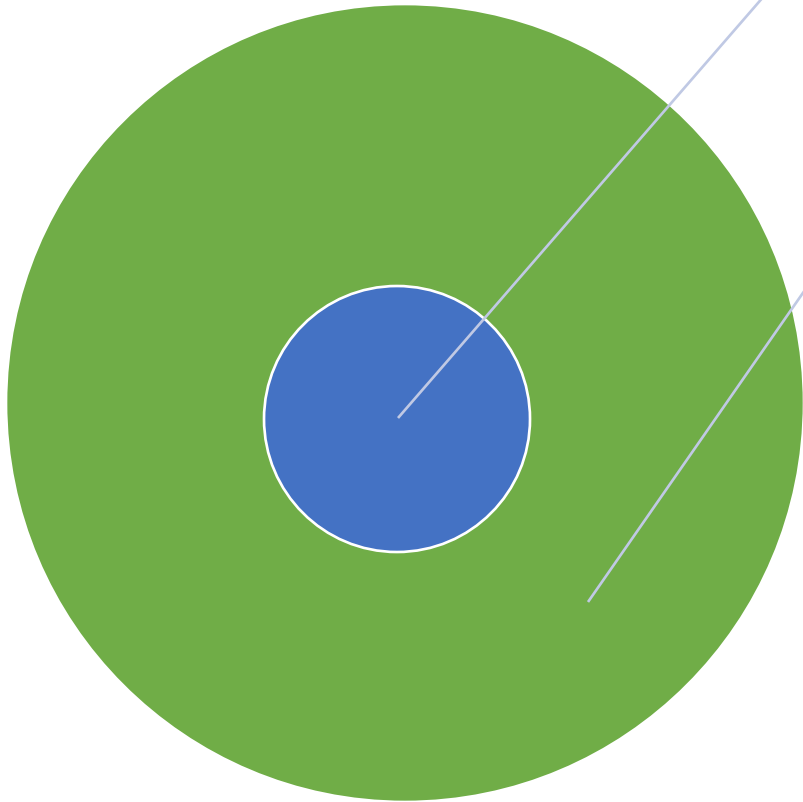
Commerce's Role

- *The Office of Apple Health and Homes is responsible for coordinating a spectrum of practice efforts related to providing permanent supportive housing, including leading efforts related to every aspect of creating housing, operating housing, obtaining services, and delivering those services to connect people with housing and maintain them in that housing.(RCW 43.330.181)*
 - Rent Assistance
 - Capital
 - Capacity Grants
 - Technical Assistance
 - Pre-development

Permanent Supportive Housing

Apple Health
and Homes PSH

Permanent
Supportive
Housing



[RCW 36.70A.030: Definitions. \(wa.gov\)](#)(19) "Permanent supportive housing" is subsidized, leased housing with no limit on length of stay that prioritizes people who need comprehensive support services to retain tenancy and utilizes admissions practices designed to use lower barriers to entry than would be typical for other subsidized or unsubsidized rental housing, especially related to rental history, criminal history, and personal behaviors. Permanent supportive housing is paired with on-site or off-site voluntary services designed to support a person living with a complex and disabling behavioral health or physical health condition who was experiencing homelessness or was at imminent risk of homelessness prior to moving into housing to retain their housing and be a successful tenant in a housing arrangement, improve the resident's health status, and connect the resident of the housing with community-based health care, treatment, or employment services. Permanent supportive housing is subject to all of the rights and responsibilities defined in chapter [59.18](#) RCW.

PSH can come in different forms/models

Sample Approaches to PSH		
	<i>Scattered-Site</i>	<i>Single-Site</i>
<i>Tenant-based rental assistance</i>	Supportive housing organization helps individuals find housing throughout the community with private market landlords	A hotel purchased with public funds is converted to affordable housing and tenants pay rent along with rent assistance based on their eligibility
<i>Sponsor-based rental assistance (aka master leasing)</i>	Supportive housing organization leases a number of units within the community and then subleases to individuals in their program. Individuals have rent assistance attached based on their eligibility.	Supportive housing organization leases a number of units within one building and then subleases to individuals in their program. Rent assistance is attached to the unit and based on eligibility.
<i>Project-based</i>	A supportive housing organization uses public funds to purchase residential homes in rural communities for shared housing. Rent assistance is attached to the units and is based on their eligibility.	A non-profit developer uses public funds to develop affordable housing building. Rent assistance is attached to the units and is based on eligibility.

Affordable Housing = Three legs of the stool

Subsidies used for rental costs
(Private or public) – [Draft of Subsidies and Landlord Resources Matrix 3-8-2021.xlsx - Google Sheets](#)

HEN

Section 8 Vouchers

NED Vouchers

HOME-TBRA

HARPS – HCA

VASH Vouchers

Document Recording Fees

CBRA – Commerce

GOSH – ALTSA

BRIDGES– ALTSA

AHAH TBRA/PBRA (Coming Soon)

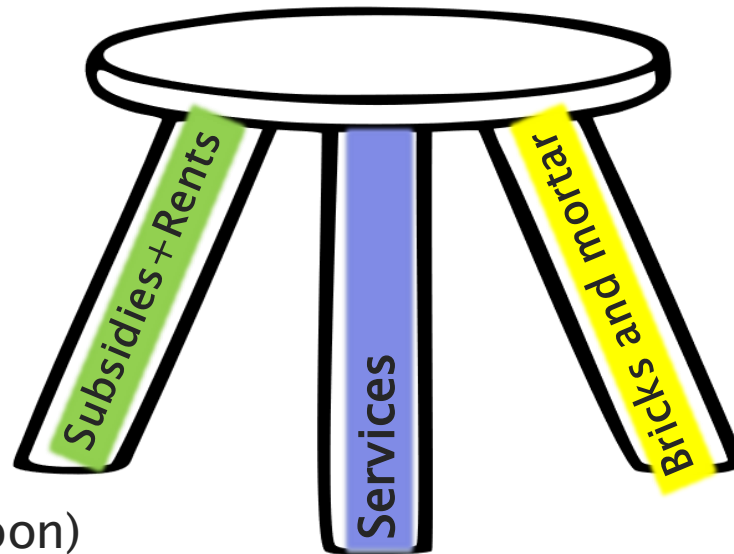
PSH Assistance Program (DRF–
Coming Soon)

Glidepath

TAP – HCA

HRSN/Transition costs (Coming
Soon) – HCA

HUD 811 – Commerce



Capital Construction – Bricks and mortar:

Housing Trust Fund

Tax Credits

PHAs

Rapid Acquisition

AHAH

HOME

1/10th of 1 percent – Local funds

O&M:

Document Recording Fees (PSH–OMS)

HTF O&M

Services:

Shelter + Care

1115 Waiver Foundational

Community Supports (Supportive
housing services)

HARPS

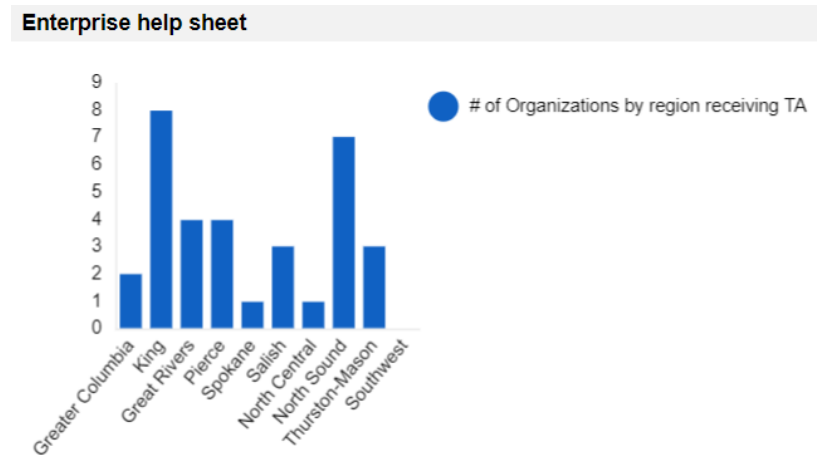
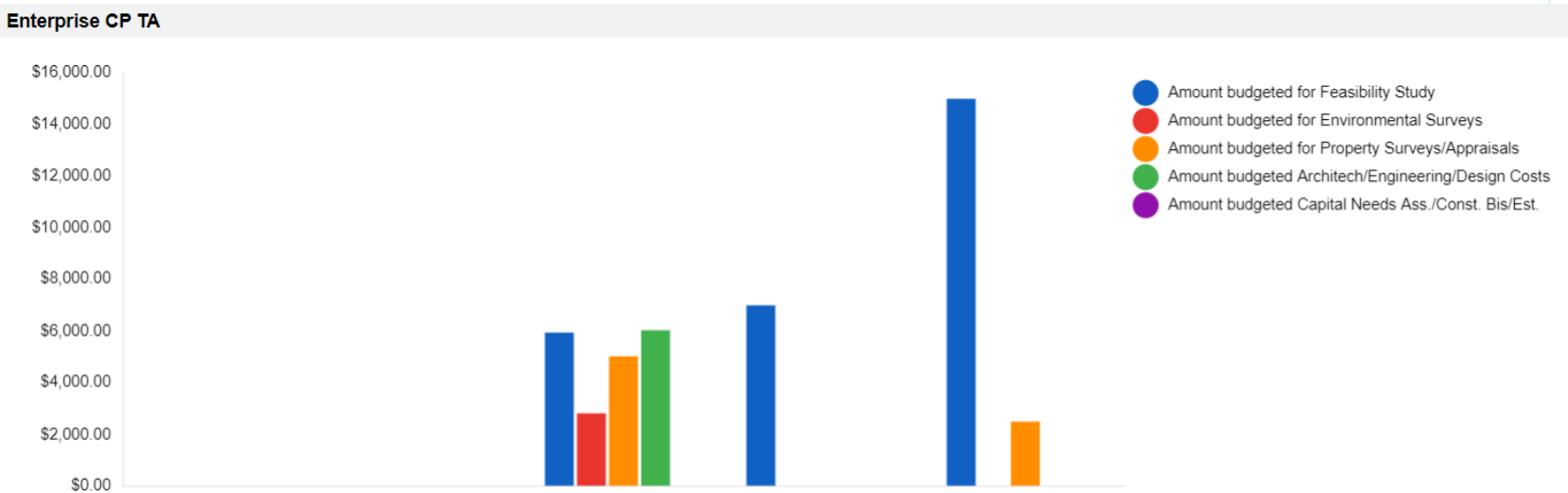
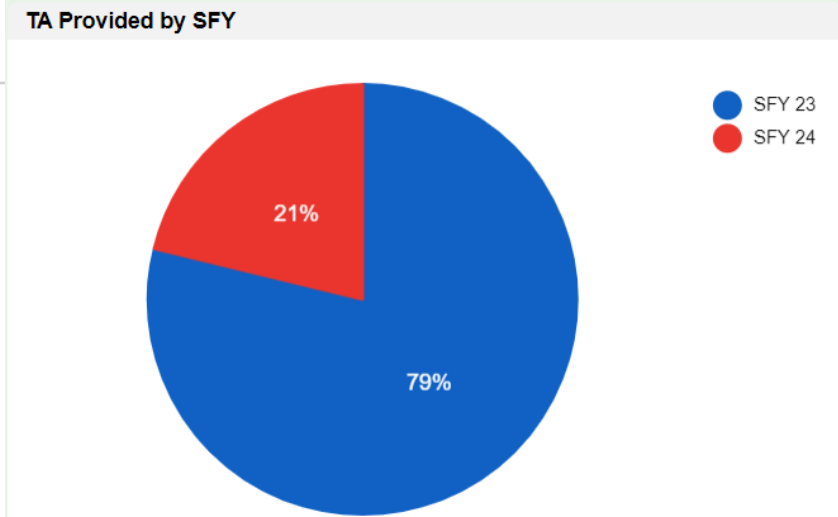
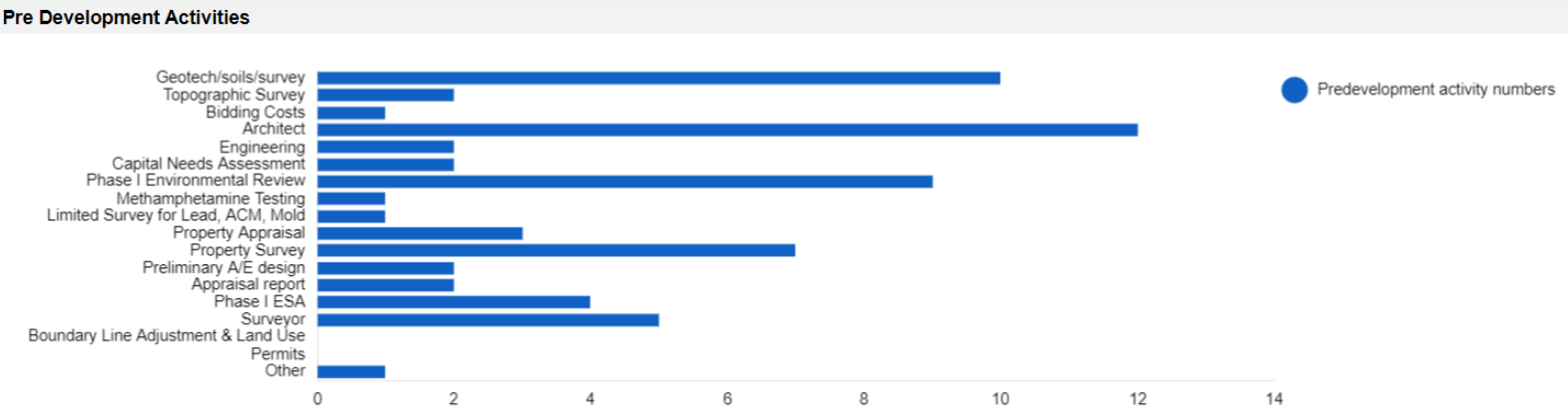
Coordination with MHU – Cohort of Capital Awardees:

- Cohort 1 - Acquisition/Construction (“capital”) funding 2023
 - 7 AHAH PSH Projects – 127 AHAH restricted units
 - Coastal Community Action Program (Coastal Housing Project) 37 Total Units – 12 PSH Units – 12 AHAH Units
 - DESC (DESC 15th Ave) 109 Total Units – 109 PSH Units – 18 AHAH Units
 - Kitsap Community Resources (Manette) 9 Total Units – 9 PSH Units – 6 AHAH Units
 - Muckleshoot Housing Authority (MHA Homeless Supportive Housing) 50 Total Units – 50 PSH Units – 50 AHAH Units
 - Olympic Community Action Program (Caswell Brown Village) 44 Total Units – 13 PSH Units – 13 AHAH Units
 - Opportunity Council (Camas Flats) 81 Total Units – 8 PSH Units – 8 AHAH Units
 - Vancouver Housing Authority (Lincoln Place) 40 Total Units – 40 PSH Units – 12 AHAH Units
- Cohort 2 - Acquisition/Construction (“capital”) funding 2024
 - 7 AHAH PSH Projects
 - Bayside Housing & Services (Vince’s Village) 23 Total Units – 19 PSH Units – 19 AHAH Units
 - DESC (DESC Lake City) 120 Total Units – 120 PSH Units – 33 AHAH Units
 - DESC (DESC Woodland) 95 Total Units – 95 PSH Units – 25 AHAH Units
 - Eagles Wings (EWCC Supportive Housing) 21 Total Units – 4 PSH Units – 2 AHAH Units
 - Bremerton Housing Authority (Evergreen Bright Start) 26 Total Units – 24 PSH Units – 12 AHAH Units
 - LIHI (Clarion Inn) 118 Total Units – 53 PSH Units – 23 AHAH Units
 - Yakima Neighborhood Health (Vecino) 39 Total Units – 39 PSH Units – 30 AHAH Units

Capacity Grant Pathways

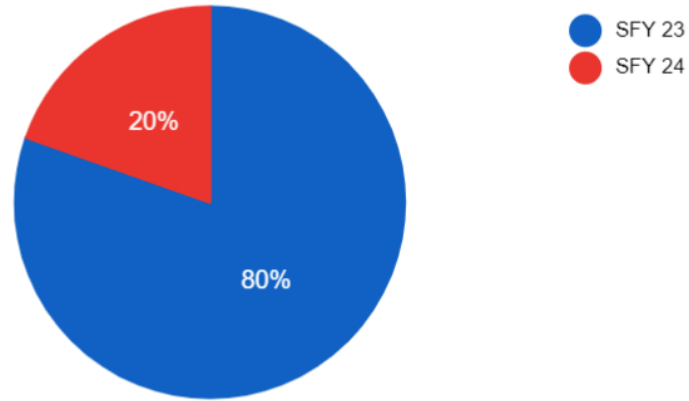
Pathway	Partners	Activities
Pathway #1: Adding Foundational Community Supports	Health Care Authority, Wellpoint, DSHS	How to become an FCS Provider How to use Availity Medicaid Academy PSH Fidelity Business case for adding FCS
Pathway #2: Enhancing Capacity to Provide Foundational Community Supports	Health Care Authority, Wellpoint	Golden thread of documentation Billing series for FCS Software platforms that are compatible with Availity
Pathway #3: Establishing or Strengthening Partnerships	Community Health Plan of WA	Utilizing the Health and Housing Partnership Toolkit/Curriculum
Pathway #4: Enhancing the Quality of PSH Services	Carolyn Hainsworth, Policy Research Assoc. DSHS – ESA, Health Care Authority	Introduction to critical time intervention, SSI/SSDI Outreach Access and Recovery, Introduction to PSH Fidelity
Pathway #5: Providing Behavioral Health Support Services	Department of Health – Community Health Plan of WA	Exploring becoming a licensed community behavioral health agency

Technical Assistance – Enterprise Community Partners

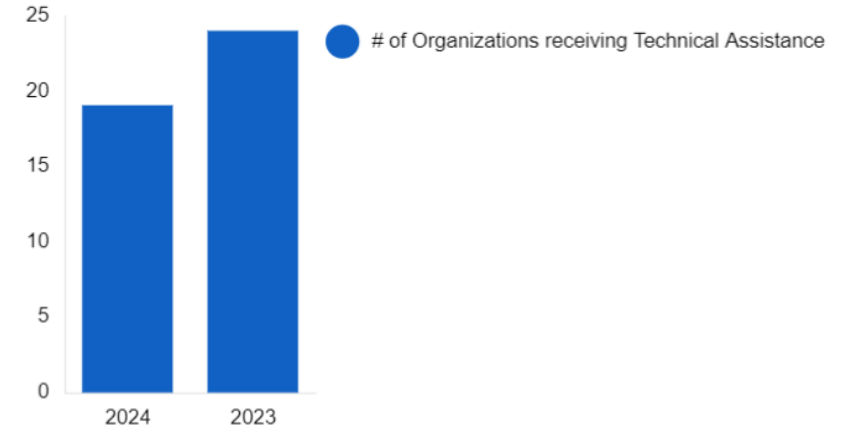


Presentations - Technical Assistance

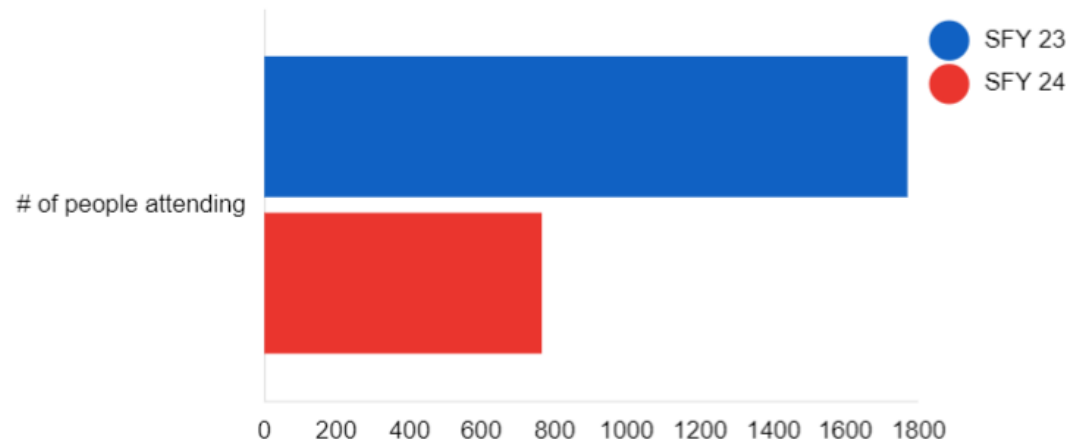
Presentations by SFY



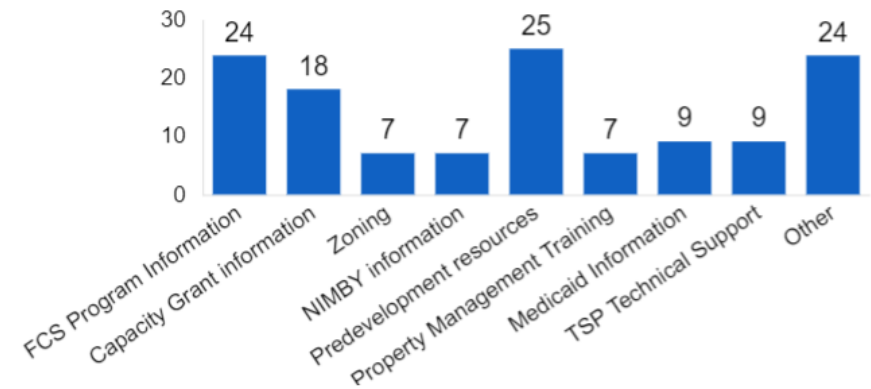
Number of organizations receiving technical assist



Number of people attending presentations by SFY



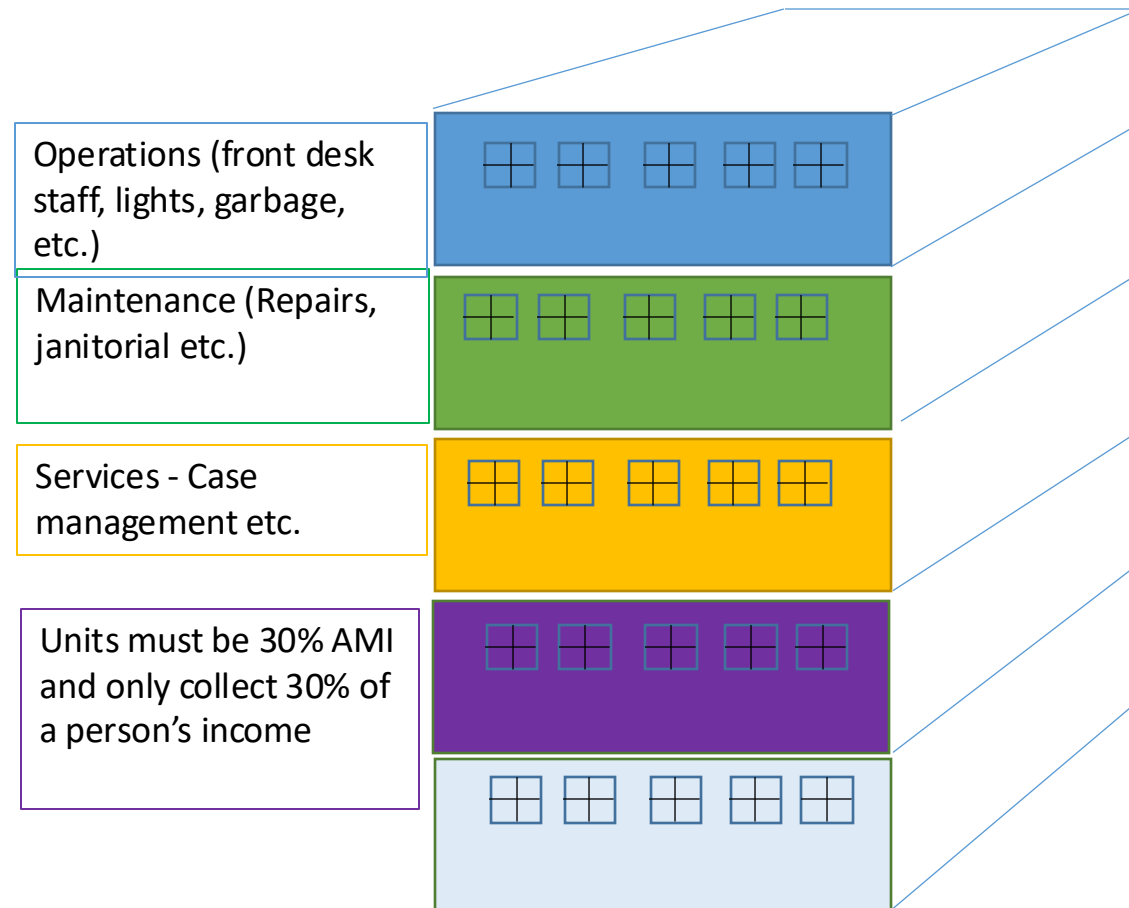
Type of TA Provided by the Office



HTF – AHAH 2024 Funding Cycle – Biennial Investment Strategy

- Notice of Funding Announcement - <https://www.commerce.wa.gov/building-infrastructure/housing/housing-trust-fund/applying-to-the-housing-trust-fund/>
- Webinars - <https://www.commerce.wa.gov/building-infrastructure/housing/housing-trust-fund/resources-trainings-2/>
- HCA + Corporation for Supportive Housing webinar series - [Washington Supportive Housing Pre-Institute Academy - CSH](#)

Supplements to Rent/Rent Assistance for Project based PSH



Costs related to operating the building $100 \text{ units} \times \$1000 \times 12 \text{ months} = \$1,200,000$

—
Rent + Rent Assistance collected from tenants

Person's SSI Check = \$914.00
~~-\$ 274.00~~
~~-\$ 500.00 Voucher/rent assistance~~
\$ 230.00

=
Supplement Needed in the amount needed to cover costs = OMS

\$230 gap x 100 units x 12 months
\$276,000 OMS Grant

[HTF-O&M/PSH-OMS Funding Announcement](#)

Additional Operations/Maintenance Resources:

- AHAH TBRA Drawing – Coming soon
- AHAH PBRA NOFO – Coming soon
- HUD 811 – Project-based vouchers:
 - <https://www.commerce.wa.gov/serving-communities/homelessness/hud-section-811-rental-assistance/>
- Community Behavioral Health Rent Assistance (CBRA)
 - <https://www.commerce.wa.gov/serving-communities/homelessness/permanent-housing-subsidy-programs/>

HUD/HHS Accelerator

- **Advancing Housing, Health, and Social Care Partnerships**
 - WA State - one of 8 states/District of Columbia chosen to participate
 - WA State Core team:
 - HCA (Maureen Bailey, Matt Christie, Kimberly Castle)
 - ALISA (Whitney Joy Howard, Jonnie Matson)
 - Commerce (Melodie Pazolt)
 - Livestream/recorded workshops - <https://acl.gov/news-and-events/announcements/advancing-housing-health-and-social-care-partnerships-conference-host#:~:text=The%20Advancing%20Housing%2C%20Health%2C%20and,assist%20individuals%20who%20are%20currently>

Thank you



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